

ADMISSION INFORMATION

What to bring along:

- Clothing for the duration of stay at the centre, towels and toiletries, extra blanket (winter) for 24 Days (with an option to extend treatment if required).
- If the client is a smoker, enough cigarettes
- Any Prescription Medication, scripts and/or contact details of current GP/Psychiatrists for correspondence purposes.
- Medical History of Patients is crucial to present on admission.
- Money for the Coffee Shop (advisable on R200 or less a week monitored)
- Books, magazines, reading material
- Money for patient management fee (R2000).

Rules during the first 7 days of treatment:

- No contact for the 1st week of treatment – this allows the patient to integrate with other patients and become familiar with their new surroundings.
- If you have a child/children, 1 child call a day after 16:30pm, which will be supervised by a staff member within the duration of the 7 day rule.
- Cellphones, I-pads, laptops, I-pods will be locked up reception and clients are allowed access between 12:30pm and 13:30pm daily, at the discretion of their counselors. No devices over weekends. *(We will not be held liable for any devices that may be lost, stolen, etc.)*
- Visiting hours are every Wednesday between 16:30pm-17:30pm, Weekends 13:30pm-16:30pm (Saturday) and 13:30pm-16:30pm (Sunday).
- Family members are allowed to call the centre to get insight on the client's progress and/or will be contacted by the social worker allocated to the patient.

*Please note that in the event that a client is caught using any drugs, alcohol or having sexual relations in the centre, they will be discharged for 72 hours and the family will be notified.

Admission Forms:

To be filled out at the centre in the presence of the patient and/or family member and administration staff or counselor on site.

Authorization:

This is for medical aid clients. The Foundation Clinic Admin staff does all the administration processes with your scheme and you/the facility will be notified by your scheme on approval.

If you have any further queries, please do not hesitate to call **us on 011 728 9200**.