

2018-2019 Treatment & Recovery Programmes | FEE STRUCTURE

MEDICAL DETOX ONLY: R8,000/5 DAYS

- 5-day detox programme [medically assisted if necessary].
- There will be additional charges for certain medication (if required) and extra days.
- Alcohol/benzo detox will require a minimum admission of seven days.
 - This admission is done at the discretion of the treating physician and may require a hospital detox period prior to treatment admission

3-WEEK INPATIENT TREATMENT PROGRAMME: R37,000

- 3-day Medically-Assisted Detox
- 21 Days Inpatient Cognitive Behavioural Programme
- **Including 11 Months Recovery Wellness Aftercare & Maintenance Programme.**

6-WEEK INPATIENT TREATMENT PROGRAMME: R65,000

- 3-day Medically-Assisted Detox
- 38 Days Inpatient Cognitive Behavioural Programme
- **Including 10 Months Recovery Wellness Aftercare & Maintenance Programme.**

FOUNDATION HOUSE REINTEGRATION PROGRAMME: R15,000/MONTH

- 3-6-month reintegration programme to assist with transition from inpatient treatment to independent living
- Participation in coaching groups, occupational groups and support groups
- Individual coaching support for goal setting, action planning & weekly scheduling
- Recovery Wellness aftercare and outpatient programme
- Semi-independent living including accommodation & meals.

FOUNDATION HOUSE - INDEPENDENT RECOVERY LIVING: R10,000/MONTH

- Monthly shared accommodation, including certain meals, cleaning, laundry, free wifi
- Pool and gym on the property
- Recovery Wellness aftercare and outpatient programme @ R10,000 (reduced fee)
- Independent living within the safety and security of a managed, recovery-orientated living environment.

RECOVERY WELLNESS OUTPATIENT PROGRAMME: R13,000

- Recovery coaching, adult education and peer support programme
- Three-week core coaching programme
- Continued access for 12 months following initial 3-week programme
- Introduction to models, tools, practices and approaches to develop recovery resources to support long-term, purposeful recovery

FAMILY & WORKPLACE RECOVERY WELLNESS OUTPATIENT PROGRAMME: R3,880.00

- 3-week family, support and workplace programme
- Education and peer support for families, loved ones and colleagues to empower them to develop their personal and professional wellness around their loved one's substance abuse disorder
- Takes place Tuesday, Wednesday & Thursday

INDIVIDUAL SOCIAL WORK SESSIONS

- R450 – R750/hour
- Contracted to medical aids, depending on personal plan and prescribed minimum benefits.

INDIVIDUAL RECOVERY COACHING SESSIONS

- R550 – R750/hour
- NOT claimable on medical aid and need to be settled in cash.
- **We are contracted to ICAS for individual- and family coaching sessions**

There is a **R2,000 patient management fee** payable on ALL INPATIENT ADMISSIONS

- NO psychiatric, chronic or long-term medication is covered by the clinic. If these medications are NOT covered by medical aid, they will need to be settled by the client.
- Maintenance medication (e.g. methadone, suboxone, subutex) **IS NOT covered by medical aid and needs to be settled by the client.**
- Self-payment gaps may vary depending on the medical aid PMBs, but we are able to discuss payment plans and financial arrangements. The figures outlined are just a guideline, and may vary according to your medical aid.
- Since we are a registered tertiary facility medical aid can be used towards halfway house fees if you have not used your medical aid benefit.

Medically-Assisted Detox | R1,600/Day | Medical Aid + R1,000 Patient Management Fee

3-Week Treatment Programme | R37,000 Cash | Medical Aid + SELF-PAYMENT*

6-Week Treatment Programme | R65,000 Cash | Medical Aid + SELF-PAYMENT*

***The self-payment amount includes the R2,000.00 patient management fee.**

- Financial arrangements and payment plans must be discussed prior to admission
- All payment plans require that the individual responsible for the account sign an Acknowledgment of Debt and supply a copy of their ID document/card.
- There are individual rules associated with some of the medical aids regarding pre-admission, medical paperwork and authorisation/approval.
- Please contact your medical aid and inquire about your personal benefits.
- We are contracted to medical aids, but settlement of the invoice is ultimately the responsibility of the financially-responsible individual.
- Certain consultations are NOT included in the programme costs and will be drawn from the individual's IN-CLINIC medical benefits.

**FOR MORE INFORMATION OR TO ARRANGE A PERSONAL ASSESSMENT PLEASE
CONTACT FATIMA, MONA OR LEIGH-ANNE**

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All payments can be made to:

SHARP TREATMENT CENTRE

FIRST NATIONAL BANK

BRANCH NAME: WIERDA VALLEY

BRANCH CODE: 258-624

ACCOUNT NUMBER: 62103201357

REFERENCE: CLIENT NAME

Please email proof of payment to: info@thefoundationclinic.co.za

All invoices have medical/tariff codes and any payments made can be submitted as medical expenses on your annual tax return. Please request a hard copy of your invoice if required. Otherwise your invoice will be emailed to you.