

## 2020 TREATMENT & RECOVERY PROGRAMMES | FEE STRUCTURE

### **MEDICAL DETOX ONLY: R1,850.00/day**

- **MINIMUM** 5-day medically assisted detox programme.
- There will be additional charges for certain medication (if required).
- Alcohol/benzo detox will require a minimum admission of seven days, but this might be longer & is based on medical advice from the admitting doctor for patient safety.
  - This admission is done at the discretion of the treating physician and may require a hospital detox period prior to treatment admission.
- Psychiatric and chronic medications are not included in the cost of the medical admission.

### **3-WEEK INPATIENT TREATMENT PROGRAMME: R41,950.00**

- 3- to 14-day medically assisted detox programme to run concurrently with inpatient treatment.
- Psychiatric and chronic medications are not included in the cost of the medical admission.
- 21-day cognitive behavioural, inpatient programme.
- **Including 11 Months Recovery Wellness aftercare & maintenance programme.**
- A private room (if available) for the duration of the programme at a single supplement of **R1,150/day**.

### **6-WEEK INPATIENT TREATMENT PROGRAMME: R73,950.00**

- 3- to 14-day medically assisted detox programme to run concurrently with inpatient treatment.
- Psychiatric and chronic medications are not included in the cost of the medical admission.
- 6-week cognitive behavioural, inpatient programme.
- **including 10 months recovery wellness aftercare & Maintenance Programme.**
- A private room (if available) for the duration of the programme at a single supplement of **R1,150/day**.

### **FOUNDATION HOUSE REINTEGRATION PROGRAMME: R31,950/MONTH**

- A monthly reintegration programme to assist with transition from inpatient treatment to independent living.
- Participation in and access to education-, coaching-, occupational- and support groups.
- Individual coaching support for goal setting, action planning & weekly scheduling.
- Recovery Wellness aftercare and outpatient programme five days/week.
  - Recovery Wellness Programme will be available for the balance of 12 months on any programme 4 weeks.
- Semi-independent living including accommodation & meals.

### **FOUNDATION HOUSE - INDEPENDENT RECOVERY LIVING: R11,950/MONTH**

- Monthly shared accommodation, including all meals, cleaning, laundry and free Wi-Fi.
- Pool, café and gym on the property.
- Recovery Wellness aftercare and outpatient programme @ R11,000 (reduced fee) for 12 months' access.
- Independent living within the safety and security of a managed, recovery-orientated living environment.

### **EXTENDED RECOVERY WELLNESS OUTPATIENT PROGRAMME: R28,950.00**

- 21-day extended outpatient programme.
- Non-residential outpatient programme focusing on adult education and recovery coaching.
- Clients will have full access to the Foundation Clinic's programme from 1:00 – 6:00pm (Monday – Friday) and 1:00pm – 5:00pm (Friday).
- The programme will include individual recovery coaching sessions for goal setting, action planning & weekly scheduling.
- On completion of the 3-week programme, clients will have continued access the Recovery Wellness Programme as part of their ongoing support and development.

### **RECOVERY WELLNESS OUTPATIENT PROGRAMME: R14,950.00**

- Recovery coaching, adult education and peer support programme.
- Three-week core coaching programme with educational content.
- Continued access for 12 months following initial 3-week programme.
- Introduction to models, tools, practices and approaches to develop recovery resources to support long-term, purposeful recovery.

### **INDIVIDUAL SOCIAL WORK SESSIONS**

- R550 – R1,000/session
- Contracted to medical aids, depending on personal plan and prescribed minimum benefits.
  - Please check your savings plan and PMBs prior to admission.
  - If savings or benefits are depleted there will be an additional charge for sessions with the clinical social worker.
  - Inpatient sessions will be charged at medical aid rates with approved medical schemes.

### **INDIVIDUAL RECOVERY COACHING SESSIONS**

- R550 – R1,500/hour
- NOT claimable on medical aid and need to be settled in cash.

**There is a R2,950.00 patient management fee payable on ALL MEDICAL AID ADMISSIONS**

- NO psychiatric, chronic or long-term medication is covered by the clinic. If these medications are NOT covered by medical aid, they will need to be settled by the client.
- Maintenance medication (e.g. methadone, suboxone, Subutex, Antabuse) **IS NOT covered by medical aid and needs to be settled by the client.**
- Self-payment gaps may vary depending on the medical aid PMBs, but we are able to discuss payment plans and financial arrangements. The figures outlined are just a guideline and may vary according to your medical aid.

Medically Assisted Detox   R1,850/day Cash   Medical Aid + R1,550 Patient Management Fee
3-Week Treatment Programme   R41,950 Cash   Medical Aid + SELF-PAYMENT*
6-Week Treatment Programme   R73,950 Cash   Medical Aid + SELF-PAYMENT*
1-Month Recovery Reintegration Programme   R31,950 Cash   Medical Aid + SELF-PAYMENT*
1-Month Halfway House Programme   R11,950 Cash
3-Week Extended Recovery Wellness Outpatient Programme   R28,950 Cash   Cannot use medical aid for outpatient
Recovery Wellness Outpatient Programme   R14,950 Cash   Cannot use medical aid for outpatient
<p><b>*The self-payment amount includes the R2,950.00 patient management fee which is applicable to MEDICAL AID admissions. Cash payments include the patient management fee.</b></p> <ul style="list-style-type: none"> <li>• Financial arrangements and payment plans must be discussed prior to admission</li> <li>• All payment plans require that the individual responsible for the account sign an Acknowledgment of Debt and supply a copy of their ID document/card.</li> <li>• There are individual rules associated with some of the medical aids regarding pre-admission, medical paperwork and authorisation/approval.</li> <li>• Please contact your medical aid and inquire about your personal benefits PRIOR to admission. The medical aid administrators will supply you with the required codes for your inquiry.</li> <li>• <b>We are contracted to medical aids, but settlement of the invoice is ultimately the responsibility of the financially responsible individual.</b></li> <li>• Your medical aid needs to be active on the date of programme completion for the medical aid to settle the claim.</li> <li>• If we have a designated service provider of your medical aid scheme, then we will discuss the requirements of your scheme with you prior to admission.</li> <li>• Certain consultations are NOT included in the programme costs and will be drawn from the individual's IN-CLINIC medical benefits. If your savings/PMS are depleted, you will be charged at medical aid rates for the sessions.</li> </ul>

- Please discuss the financial arrangements of your treatment PRIOR to admission.
- 50% of cash payments are required on admission with the balance payable PRIOR to discharge.
- Inpatient treatment PMBs are 21- to -24-days on most medical aids.
  - Secondary programmes can be charged to your medical aid under the 21- to 24-day allowance.
  - Programmes exceeding 24 days will be claimed after the initial 21- to 24-day period.
  - No additional medical aid days will be claimable after your discharge or RHT if the 21- to 24-day period has been exceeded.

**Fatima and Mureeda are able to assist you with all medical aid and financial inquiries.**

**OFFICE** | (010)900-3131

**AFTER HOURS & MERGENCY** | (061)526-0581

**EMAIL** | [info@thefoundationclinic.co.za](mailto:info@thefoundationclinic.co.za)

**WEBSITE** | [www.thefoundationclinic.co.za](http://www.thefoundationclinic.co.za)

**Credit Card facilities are available at the clinic.**

EFT payments can be made to:

THE FOUNDATION CLINIC

FIRST NATIONAL BANK

BRANCH NAME: WIERDA VALLEY

BRANCH CODE: 258-624

ACCOUNT NUMBER: 62103201357

REFERENCE: CLIENT NAME

Please email proof of payment to: [info@thefoundationclinic.co.za](mailto:info@thefoundationclinic.co.za). All invoices have medical/tariff codes and any payments made can be submitted as medical expenses on your annual tax return. Please request a hard copy of your invoice if required. Alternatively, your invoice will be emailed to you.